

NATIONAL SURVEY OF TITLE VI PROGRAMS 2024 REPORT

Title VI Programs Improve the Lives of Elders



USAging Leaders in Aging Well at Home

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MIAMI UNIVERSITY
SCRIPPS GERONTOLOGY CENTER

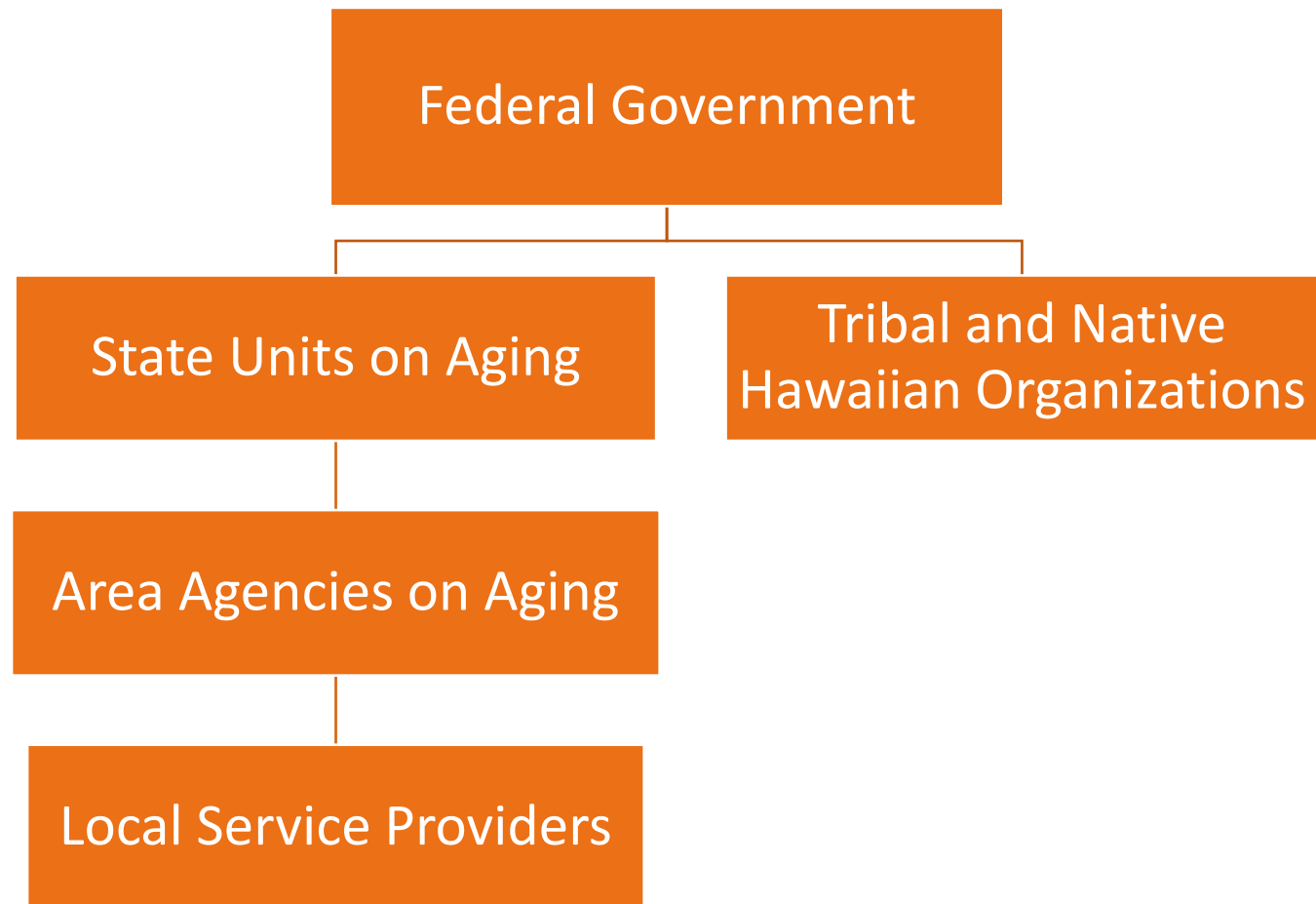
Caring for Elders is Sacred Work

- Elders are highly respected as the keepers of traditions, culture and language and play a vital community role in passing down their wisdom.
- Caring for elders is sacred work, traditionally undertaken by family members. Yet there is pressure on family caregiving due to geographic dispersion and the high needs of both caregivers and elders.

Title VI Program Funding

- Title VI Parts A and B provide funding for nutrition services and supportive services
 - Part A: federally recognized tribes or consortia
 - Part B: organizations that provide services to Native Hawaiians
- Title VI Part C funds family caregiver support services
- In 2023-2026, there are 290 Title VI grant recipients representing more than 400 tribal nations

The Aging Network

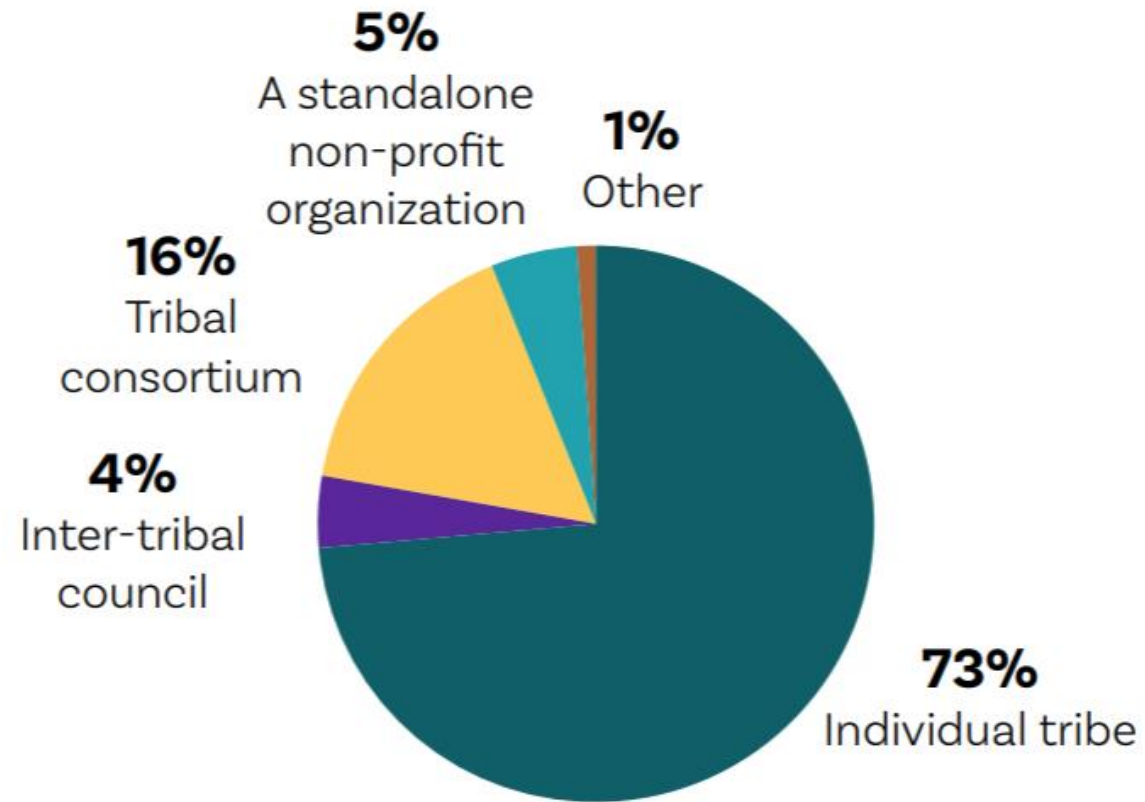


About the Title VI Program Survey

- Conducted **every three years** with funding through the U.S. Administration for Community Living
- Last survey conducted fall 2023 with 80 percent response rate!
- The survey explores **trends, new directions and evolving needs** of Title VI programs across the country, including Title VI services, staffing, funding, successes and challenges.
- New chartbook coming this summer!

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Setting of Title VI Program



Title VI Programs Serve Elders, and More!

- The grantee must represent at least 50 older adults age 60 or older
- Title VI programs may set lower age requirements for the elders who receive their services
- 74% of Title VI programs set the age of eligibility between 50-59.
- **Most of the elders served are age 60+.** On average, 75% of elders served are older than 60.
- The number of elders served by Title VI Programs ranges from 35 to over 18,000!
- On average, programs serve about 215 elders.





91% of Title VI Programs provide some type of service to groups in addition to elders:


Groups Eligible for Services	% of Title VI Programs
Caregivers of all ages	60
People of all ages who qualify because of disability	56
Children being raised by grandparents or elders	51
Volunteers or guests	48
People living with dementia of all ages	41
People of all ages who qualify because of chronic or serious illness	32
Veterans of all ages	22





Top 10 Services Supported by Title VI Funding

1 Home-delivered meals 


2 Congregate meals 

3 Information and referral/
assistance 

4 Family caregiver support 


5 Respite care 

6 Services for grandparents raising grandchildren 

7 Telephone reassurance/
friendly visiting 

8 Senior center activities 

9 Outreach 

10 Special events for elders 

Title VI Nutrition Services

Nourish Elders' Mind, Body and Soul

- Half of Title VI programs access a community or elder program garden
- 2/3 of Title VI programs serve traditional foods at least monthly
- In half of Title VI programs, elders provide recipes and teach others about traditional foods

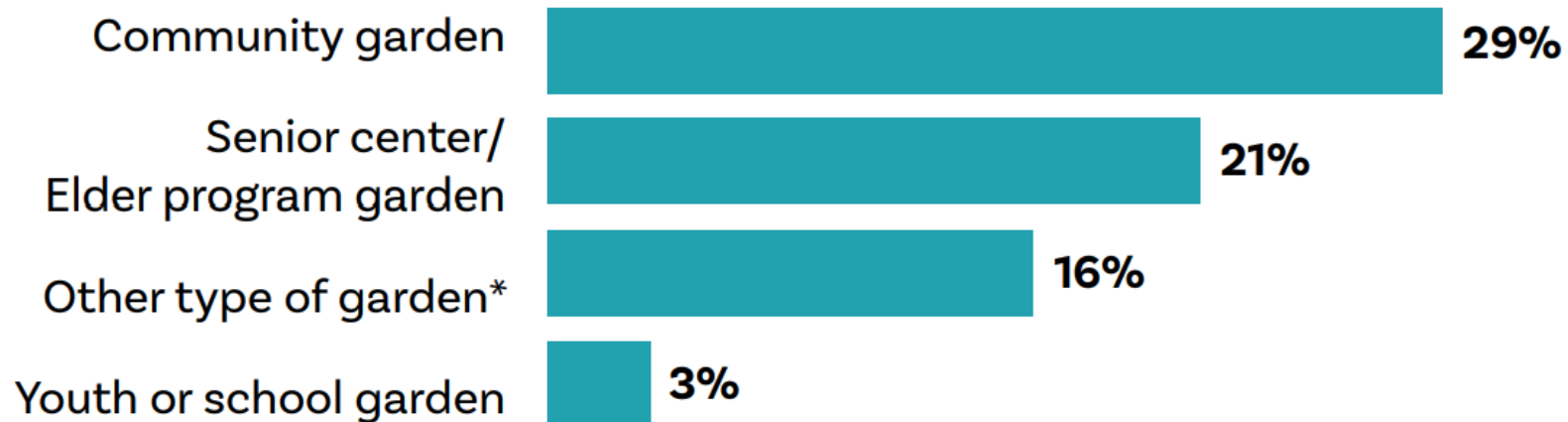
“Our staff is passionate about providing meals that elders enjoy that bring back nostalgia. We cover extra meals when there is pending inclement weather.”

“We have made our program a second home for our people, not just a meal site.”



Percentage of Title VI Programs Accessing Specific Types of Local Gardens

Half of Title VI programs have access to a local garden of some kind:



**Other garden types include tribal gardens, community member gardens and correction center gardens.*

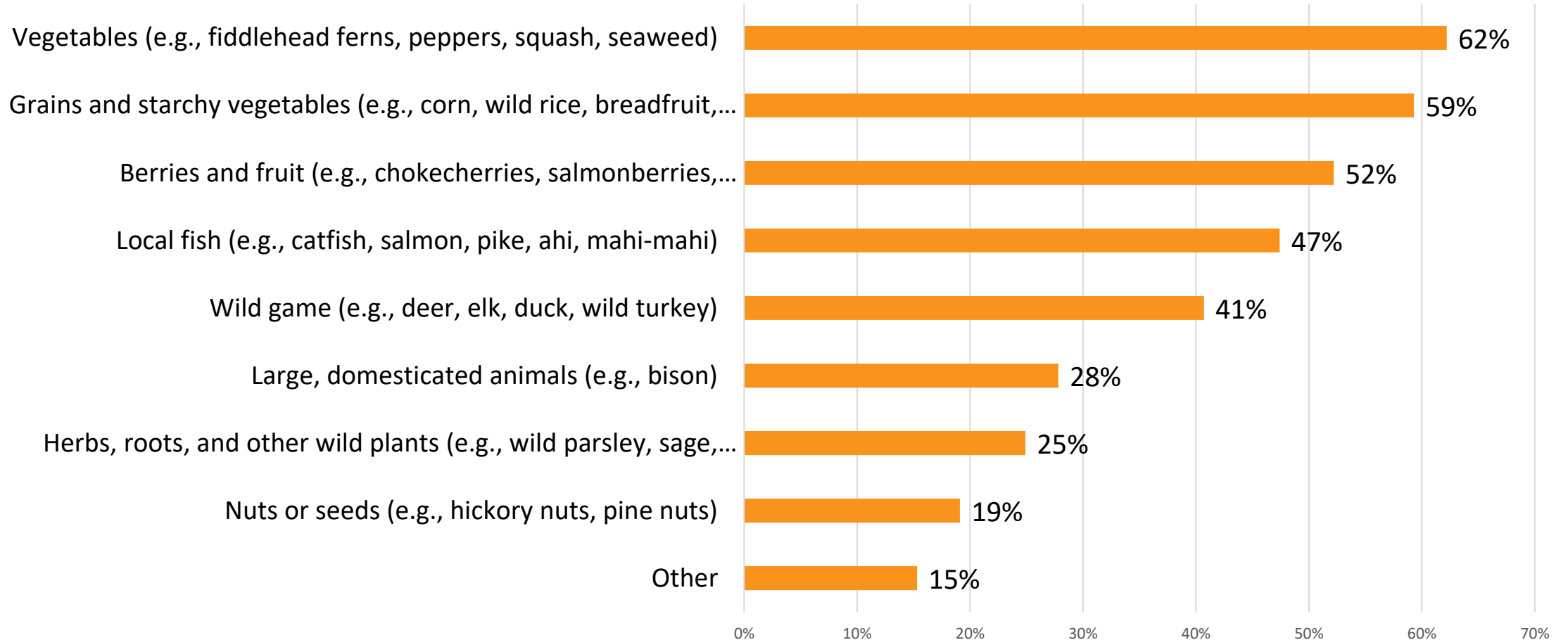
How are community gardens funded?

Source	%
Title VI funds	48%
Other*	35%
USDA grant	17%
State funds	13%

**Other funding sources included donations, food banks, a tribal college, agricultural grants, ancestral lands program and community and local farmers.*

Traditional Foods

2/3 of Title VI programs serve traditional foods at least monthly. The most common foods are:

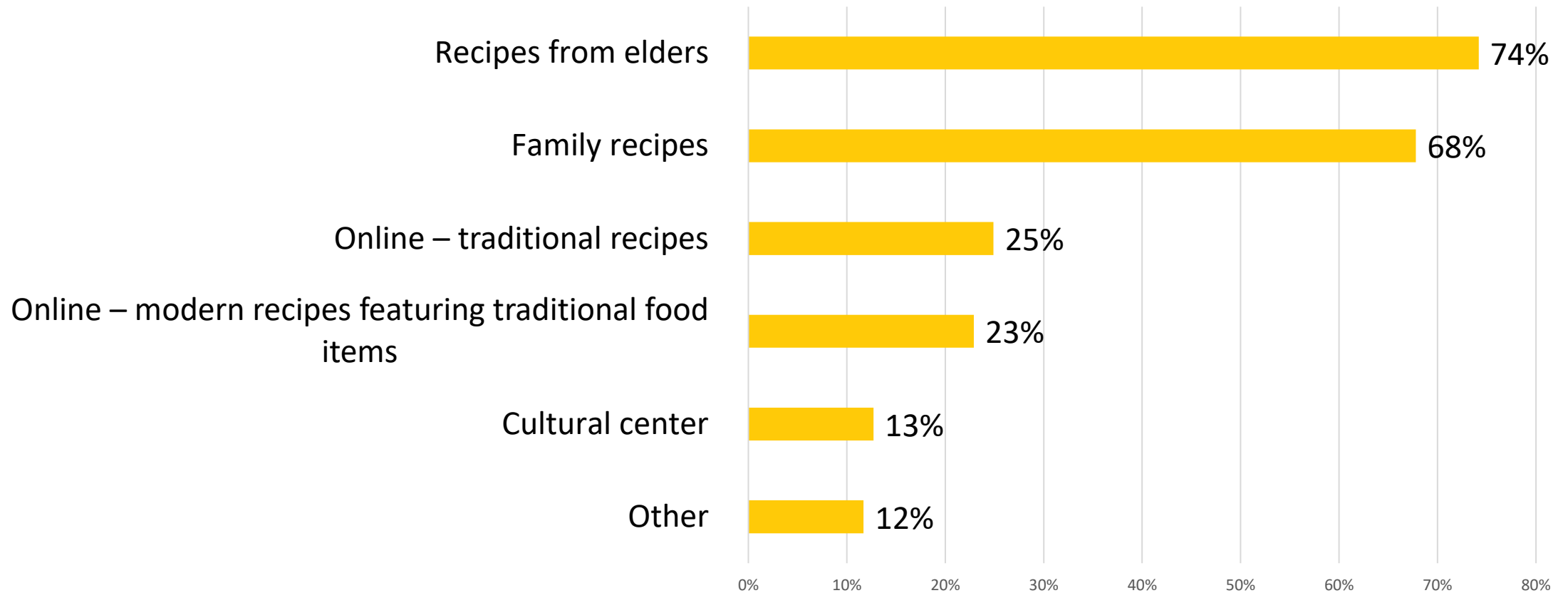


How Traditional Foods are Sourced

Source	Percent
Food retailer - local grocery store	47%
Grown or raised locally (e.g., gardens, farms, ranches, local fisheries)	46%
Foraged, fished, or hunted locally	39%
Food retailer - online supplier/distributor	36%
Local farmers market	15%
Other	15%



Elders Are the Most Common Sources of Traditional Food Recipes



Elders Are Involved in Traditional Food Activities in Many Ways

Involvement	Percent (n=226)
Provide recipes	50
Teach others how to obtain, use or prepare traditional food items	47
Participate in elders program/senior center activities, such as berry-picking event	36
Gather traditional ingredients	22
Help plan menus	22
Participate in tribal or village activities, such as community fishing event	21
Volunteer in community garden	18
Elders are not involved in any traditional food activities	12
Other*	8

“We had a **taste testing party for elders** who provided input on recipes and the food served. They all loved it! We will do that again. It is an opportunity for them to learn about a variety of ways to prepare traditional foods as well as learn the health benefits.”

Title VI: What successes have you had in incorporating traditional foods?

Others: How are you meeting the cultural needs and preferences of the native elders that you serve in your nutrition program?

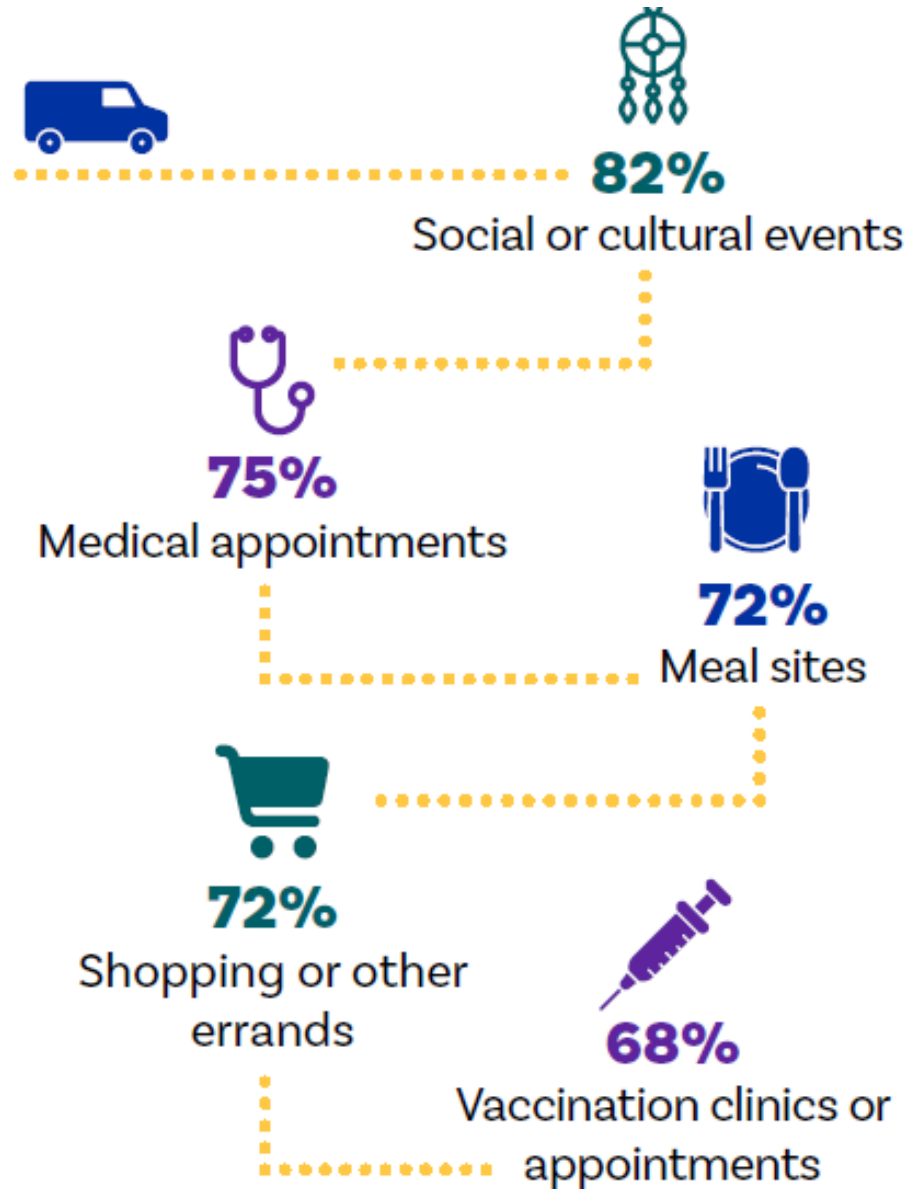
96% of Title VI Programs Offer Social Engagement Programming for Their Elders

Activity	Percent Offering
Events (e.g., cultural events, pow-wows)	86%
Health and wellness activities (e.g., friendly visiting or wellness checks, telephone reassurance programs, memory cafes or caregiver support groups)	76%
Games (e.g., Bingo, cards)	73%
Arts and creative activities (e.g., storytelling, arts and crafts, music, pen pal programs)	70%
Outings and excursions (e.g., trips to games, sightseeing)	64%
Intergenerational activities (e.g., mentoring, activities to share traditions with younger generations)	42%



Photo credit: Absentee Shawnee Title VI

89% of Grantees Report Transportation Services Are Available to Elders

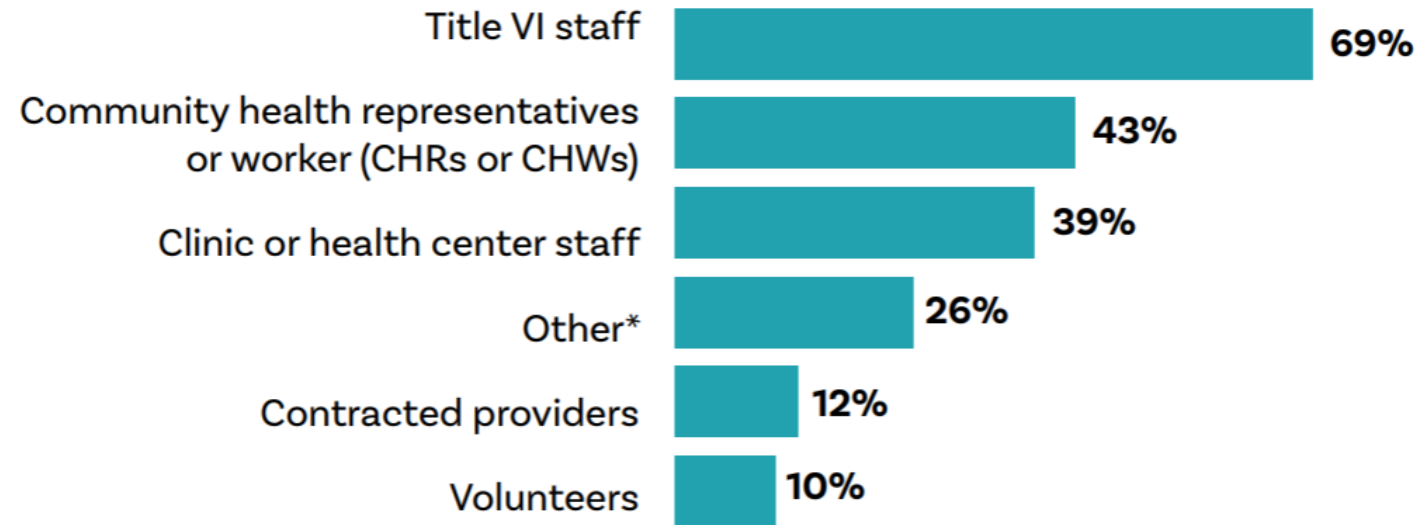


Transportation Funding and Staffing

The most common funding sources of transportation are:

- Tribal dollars
- Title VI dollars
- State dollars

Transportation is generally provided by:



**Other includes city transit, tribal transportation buses, elder service employees and tribal staff*

87% of Title VI Programs Provide One or More Caregiver Services

	Caregivers of Elders or Individuals with Alzheimer’s Disease and Related Dementias	Elder Caregivers Caring for Children	Elder Caregivers Providing Care to Adults With Disabilities	Any Caregiver Group
Caregiver Service	Percent	Percent	Percent	Percent
One or more caregiver services provided to specific group	84	84	83	87
Information and Referral (I&R)	65	61	59	77
Access assistance	54	55	53	71
Training/education	50	46	44	63
Supplemental or other services	48	45	45	61
Respite services	49	44	45	61
Caregiver assessment	44	40	40	57
Caregiver counseling	42	37	36	52
Support groups	34	34	30	44

45% of Title VI Programs Reported That They Offer Supplemental Services To Elder Caregivers Of Children

Service	Percent (n=98)
In-kind assistance (e.g., provision of school supplies or clothing)	73
Cultural activities	67
Childcare services (e.g., summer camp, before or after school support)	56
Mental health services for children	46
Case management for children	44
Income assistance/stipend	40
Legal services	27
Other*	13
None	9

**Other supplemental services include respite care, Toys for Tots, child welfare, support group access, referrals and Boys and Girls Club*

Top Partners for Supplemental Services to Elder Caregivers of Children

- Health department or clinic (e.g., tribal health)
- Social services (e.g., income support/Temporary Assistance for Needy Families (TANF),
- Supplemental Nutrition Assistance Program
- Cultural programs
- Housing department (e.g., tribal housing)
- Area Agency on Aging (Title III)
- Nutrition providers
- Mental health providers
- Child welfare agencies
- Schools/preschools (e.g., learning centers, Head Start)

**Are you serving kinship caregivers?
What needs are you seeing?**

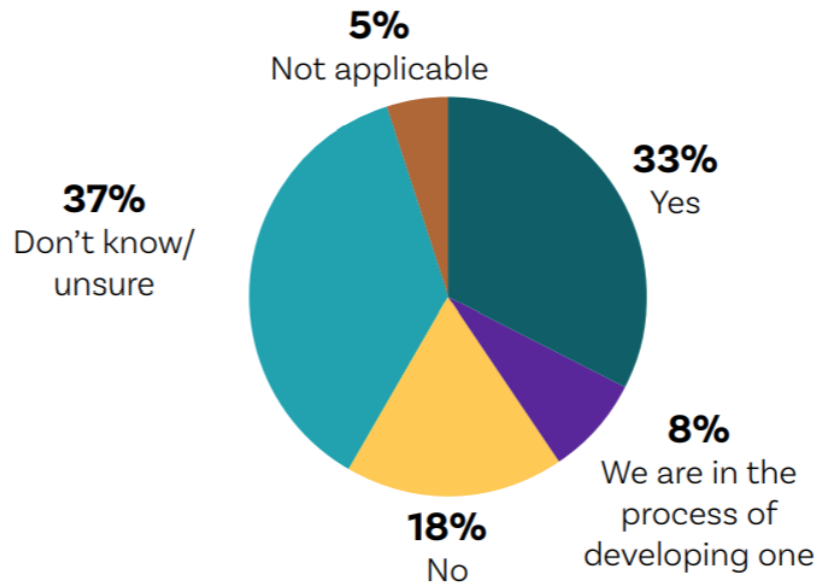
Almost 80% of Title VI programs provide one or more elder abuse prevention and intervention services.

Program	Percent (n=210)
One or more elder abuse prevention or intervention services	79
Community education/training or public awareness	49
Case management for victims of abuse, self-neglect, neglect and/or exploitation	34
Investigations of abuse, neglect and exploitation	31
Cultural healing practices (e.g., burning sage, sweat ceremonies, four winds)	25
Legal assistance	25
Financial abuse prevention	21
Short-term emergency services	21
Adult guardianship services	17
Other*	13
Services to address hoarding (e.g., prevention, clean up)	8
Restorative justice approaches	1

36% said their tribe had a **Tribal Adult Protective Services (APS)** program.

Elder Abuse Codes

Percent of Title VI Grantees with Elder Abuse Codes:



Location of Elder Abuse Codes

	Percent (n=72)
Stand-alone	39
Included with domestic violence code	10
Included with health and wellness code	3
Included with family code	3
Not sure	29
Other*	17

Coordination Between Title VI and AAAs

Type of Collaboration	Percent (n=160)
Title VI program and the AAA coordinate in one or more of the following ways.	72
Title VI program and the AAA attend meetings and events together.	46
Title VI program and the AAA exchange information about the elders we serve.	35
The AAA provides services in our community.	33
The AAA has a dedicated office or liaison with whom we work.	28
The AAA provides training to us.	22
Title VI and the AAA are discussing opportunities for further collaboration.	21
Title VI program and the AAA plan meetings and events together.	19
The AAA contracts with the Title VI program to provide services.	18
We coordinate the needs assessments for Title VI and Title III.	18
Title VI and Title III programs are administered together.	16
The AAA provides funding to the Title VI program.	15
We are looking for ways to coordinate the needs assessments for Title VI and Title III.	9
Title VI purchases food or meals from the AAA.	5
Other	5
We provide training and education to the AAA.	4

Coordination Between Title VI and State Units on Aging

Type of Involvement	Percent (n=214)
I am not aware of any Title VI program or tribal involvement with the State Unit on Aging.	55
Title VI program receives Title III funding from the state.	23
Title VI program and/or tribal leaders read the State Plan on Aging.	22
Title VI program and/or tribal leaders provide input on the State Plan on Aging.	16
Title VI program and/or tribal leaders participate on boards or committees for the State Unit on Aging.	11
Title VI program and/or tribal leaders are members of the Governor's Council on Aging.	4

What does Title VI/Title III/SUA coordination look like in your region or state?

Funding for Title VI Programs

Funding Source	Percent Receiving	Amounts for those reporting some funding from this source	
		Median	Range
OAA Title VI Parts A/B	96	\$145,385	\$14,440 - \$1,505,000
OAA Title VI Part C	84	\$62,150	\$6,858 - \$671,720
Nutrition Services Incentive Program (NSIP)	86	\$13,133	\$374 - \$171,791
Public Health Supplemental Funds	74	\$80,000	\$31,000 - \$80,000
COVID Relief Funds	71	\$110,000	\$6,000 - \$14,979,871
Tribal dollars, including gaming revenue	38	\$365,565	\$5,000 - \$2,938,576
OAA Title III (Not NSIP)	27	\$50,346	\$14,833 - \$600,000
State funds	18	\$69,557	\$4,080 - \$787,539
Other (e.g., private donations, grants)	15	\$23,256	\$2,000 - \$1,400,000
Other Federal funds	11	\$13,720	\$1,623 - \$207,219
Medicaid	8	\$5,200	\$4,410 - \$85,680
Total Budget		\$462,375	\$1,000 - \$15,529,037

Title VI Directors

- 23% of Title VI programs have a director that has been in the position for less than one year.
- The number of years the current director has served ranges from 0 to 43, with a median of 3.75 years.
- The number of Title VI directors a program has had in the past five years ranges from one to seven, with a median of two.
- 81% of Title VI directors are full-time employees, and 19% are part-time employees.

In addition to their director responsibilities, 94% provide direct services to elders, and 41% also conduct facility custodial work.

Direct Services Provided by Title VI Director	Percent (n=225)
Information and referral	84
Helping elders with paperwork	78
Conducting assessments	64
Delivering meals	64
Making wellness checks or home visits	58
Preparing meals	58
Transporting elders	56
Case management activities	55
Delivering groceries, medicine, or other supplies	53
Leading wellness activities	41
Other*	16

Most Common Title VI Program Workforce Positions

1. **Meal preparer/server**
2. **Driver (e.g., meal delivery, medical or nonmedical transportation)**
3. Grant writer
4. **Information/referral specialist**
5. **Caregiver program coordinator**
6. **Intake assessor/screener**
7. Community health worker/representative (CHW/CHR)
8. **Case manager/care coordinator**
9. Nutritionist/dietitian
10. Emergency preparedness coordinator/manager

Top Training and TA Needs for Title VI Programs

Training/TA Need	Percent
Supporting caregivers of elders	63
Supporting elders living with dementia and their caregivers	58
Alternative funding sources (e.g., Medicaid, FTA)	56
Supporting grandparents raising grandchildren/Grandfamilies	54
Title VI program management	49

Unmet Needs for Services and Supports, per Title VI Directors

1. **Help in home - Personal care**
2. **Home modification/home repair**
3. Services for grandparents raising grandchildren
4. **Chore (e.g., yard work)**
5. Family caregiver support services
6. Homemaker help
7. **Technology training**
8. Dementia awareness
9. **Respite care**
10. *Money management*



Title VI Directors Share Their Challenges

- We always worry about funding. Costs of food and gas have gone up substantially and this has seriously impacted our budgets.
- Vehicles are in short supply and high demand.
- We need people who can provide respite care and elder abuse awareness.
- Since the pandemic ended, it's hard to get someone to speak with our elders on important topics or get our elders to participate.

Many Reasons to Celebrate Title VI!

- Our **program has grown** in both the meals and support services.
- We have put many **smiles on elders' faces**.
- We **help many elders** in their homes, outside their homes as well, and refer them to other services.
- Our staff is **compassionate, caring, and supportive** of their Elders.
- The program brings **our people closer together** or back together.
- **We all love our elders** and even though we may not be able to provide everything they need, **we are doing our best** with what we have and with what we can do.
- **We are proud of our elders** for not being afraid to come back to the center after COVID. **It is so good to see everyone again.**

Contact Information

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Stay Tuned...

Title VI Program Survey Chartbook coming in Summer 2024!



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Don't Miss These Title VI-Focused Sessions!

- **W50) Strengthening the Collaboration Between AAAs and Title VI Programs: A Look at the New Regulations**
 - Wednesday, July 10, 10:30am-11:30am
Grand CD, Level 2, Tampa Marriott Water Street
- **W60) Urban Native Elder Voices: Findings From the Native Urban Elder Needs Assessment**
 - Wednesday, July 10, 1pm-2pm
Room 12, Level 3, Tampa Marriott Water Street
- **FT37) Medicaid Billing: A How-To Session for Title VI Programs**
 - Wednesday, July 10, 4:15pm-4:45pm
Grand IJ, Level 2, Tampa Marriott Water Street